

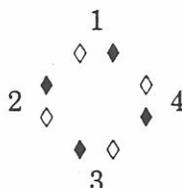
CAR JUAN NAN

Eight hand Manx Reel, collected by Mona Douglas.

Top ◇ ◇ ◇ ◇
 Bottom ◆ ◆ ◆ ◆
 1 2 3 4

$\text{♩} = 144$

- | | Music | Movements |
|---------|-------|--|
| A1 Bars | 1-4 | <i>Lead-round.</i> This is done before every figure of the dance. Starting in longways formation (as above), each man takes his partner's R hand with his R hand and casts down in reel step to the right, taking a circular track half way round. |
| | 5-8 | Reel spin all couples as they stand. |
| | 9-12 | All couples cast up, completing the circle, and finish in square formation: |



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|---------|-------|--|
| | 13-16 | Reel spin all couples. |
| B1 Bars | 1-4 | First couple dances 4 side steps to the left while fourth couple dances 4 side steps to the right (exchanging places), first couple passing in front.
Simultaneously, third couple dances 4 side steps to the left and second couple dances 4 side steps to the right, third couple passing in front. |
| | 5-8 | Partners balance and spin in place. |
| | 9-12 | All couples side step back to original places, travelling in reverse directions, but this time second and fourth couples pass in front of first and third. |
| | 13-16 | Partners balance and spin, taking R hands on last beat and turning up in column formation for the next lead-round. |
| A2 Bars | 1-16 | As in A1, but finishing in longways formation as at the start. |
| B2 Bars | 1-8 | Women's line casts clockwise round men's line to the bottom, in 4 reel steps.
Simultaneously, first and second men face each other and take R hands, third and fourth men do the same, and both pairs dance two high reel steps on the spot and two more turning round each other by the right. |
| | 9-16 | Women turn by the left and face up, then return to places along their own track in 4 reel steps.
Simultaneously, men change to L hands, dance two high reel steps on the spot, starting on L foot, and two more turning round each other by the left. |
| A3 Bars | 1-16 | As in A1, finishing in longways formation. |

- B3 Bars 1-16 As in B2, except that men dance reel step counter clockwise round women's line while the women form pairs and dance the high reel steps and turns. Men face up on 8th beat, turning by the right, and dance back along their own track clockwise.
- A4 Bars 1-16 As in A1, finishing in square formation.
- B4 Bars 1-4 Men give R hands across and dance once round clockwise in running step while women balance in place.
 5-8 Men arm left with their partners, swinging the women into the centre, in running step.
 9-12 Women give R hands across and dance once round in running step while men balance in place.
 13-16 Partners arm left, the men swinging the women round into proper positions for longways formation.
- A5 Bars 1-16 As in A1, finishing in square formation.
- B5 Bars 1-4 Men give left hands across and dance once around while women balance in place.
 5-8 Men arm right with their partners, swinging the women into the centre.
 9-12 Women give L hands across and dance once round while men balance in place.
 13-16 Partners arm right, finishing in longways formation.
- A6 Bars 1-16 As in A1, finishing in square formation.
- B6 Bars 1-4 Women dance two reel steps forward to centre while men dance two high reel steps on the spot.
 5-8 Men dance forward in reel step and form a ring round women, who step back against the men's joined hands and place their hands on the men's shoulders.
 9-16 All dance round faster and faster in pivot step, and on the last beat the men lift the women on to their joined hands and hold them up with a Hogh! while women wave their R hands.